

## Pediatric Health History

**CHILD'S NAME:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**CHILD'S PREVIOUS DOCTOR/PRIMARY CARE PROVIDER:** \_\_\_\_\_

**PRESENT HEALTH CONCERNS:** \_\_\_\_\_

**MEDICINES/VITAMINS:** \_\_\_\_\_

**HERBS/HOME REMEDIES:** \_\_\_\_\_

**ALLERGIES/REACTIONS TO MEDICINES OR VACCINATIONS:** \_\_\_\_\_

### PREGNANCY & BIRTH

Where was your child born? \_\_\_\_\_

Is the child yours by:  Birth  Adoption  Stepchild  Other: \_\_\_\_\_

Please indicate any medical problems during pregnancy  None  Specify: \_\_\_\_\_

Delivery by  Vaginal birth  Caesarean If Caesarean, why? \_\_\_\_\_

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_ APGAR score 1 min. \_\_\_\_\_ 5 min. \_\_\_\_\_

Please indicate any medical problems during the baby's newborn period  None If premature, how early? \_\_\_\_\_

Other problems: \_\_\_\_\_

### NUTRITION & FEEDING

Was your child breastfed?  No  Yes If so, how long? \_\_\_\_\_

Has your child had any unusual feeding/dietary problems?  No  Yes If yes, specify: \_\_\_\_\_

Milk intake now: Type  Cow's milk ( Nonfat  1% fat  2% fat  Whole milk)  Soy milk  Rice milk

Average ounces per day (Note: 8 ounces = 1 cup) \_\_\_\_\_

### SLEEP

Hours per night \_\_\_\_\_ Naps (number & length) \_\_\_\_\_

Any sleep problems? \_\_\_\_\_

### DEVELOPMENT

At what age did your child: Sit alone \_\_\_\_\_ Walk alone \_\_\_\_\_ Say words \_\_\_\_\_ Toilet train (daytime) \_\_\_\_\_

Girls only: Age at first menstrual period \_\_\_\_\_

**DENTAL HISTORY:** Has child been seen by a dentist?  No  Yes If so, how often? \_\_\_\_\_ Date of last visit \_\_\_\_\_

**IMMUNIZATIONS/INFECTIOUS DISEASES:** Please bring your child's immunization records to your appointment.

Has your child had:  Chickenpox  Measles  Mumps  Rubella  Meningitis  Tuberculosis (TB)

**EXPOSURES/HABITS:** Any concerns about lead exposure? (old home/plumbing/peeling paint)  No  Yes

Do any household members smoke?  No  Yes

TV-hours per day \_\_\_\_\_ Computer-hours per day \_\_\_\_\_ Video games-hours per day \_\_\_\_\_